1. Leadership
* I will develop my leadership skills by helping to organize and run a retreat at my church.
	+ Demonstration: I am going to demonstrate this skill through a reflective essay about my experience and what I learned.
	+ Rubric Level: This will help me to achieve levels 1 and 2 for values and level 1 for teams.
* I will also develop my leadership skills by helping to plan/run an event on my floor.
	+ Demonstration: I will write a short reflective essay about my experience at the floor event and how it helped me as a leader.
	+ Rubric Level: I expect that this will help me to achieve value level 2 and teams level 1.
1. Research
	* I will develop my research skills by writing a research composition paper in my college composition course.
		+ Demonstration: I will show this skill by attaching my composition paper showing my ability to apply research to my own opinion.
		+ Rubric Level: I believe this will help me achieve levels 1, 2, and 3 for information literacy and level 1 for information synthesis.
	* I will give an advocacy speech based on research that I did.
		+ Demonstration: I will upload an audio clip or video of me giving my speech.
		+ Rubric Level: I believe this will help me achieve levels 1 and 2 in information literacy.
2. Global Citizenship
* I will continue to learn and develop in my second-language, Spanish, by completing Spanish 102.
	+ Demonstration: I will attach an audio recording of myself speaking Spanish.
	+ Rubric Level: I believe that this will help me achieve level 1 of self-awareness and communication
* I will learn about other cultures by observing the sub-culture of Karate.
	+ Demonstration: I will attach my ethnography written about my experience observing a dojo.
	+ Rubric Level: This will help me to achieve level 1 of self-awareness, knowledge and understanding, and communication.